**WORKSHEETS**

**Comprehension**

**Read the following passages and answer the questions given below**

**Passage 1:**

**The Impact of Technology on Communication**

In recent decades, advancements in technology have revolutionized the way people communicate. From the invention of email to the rise of social media, staying connected has become faster and more convenient. However, this convenience comes with challenges. Many people argue that face-to-face communication has diminished, leading to a decline in interpersonal skills. On the other hand, technology has also allowed for greater inclusivity, enabling individuals from different parts of the world to share ideas and collaborate. The key lies in finding a balance—using technology to enhance, rather than replace, human connections.

**Questions:**

1. How has technology changed communication?
2. What is one negative effect of increased reliance on technology for communication?
3. What positive impact has technology had on global interactions?
4. What is suggested as the best approach to using technology in communication?

**Passage 2:**

**Renewable Energy**

The world is shifting toward renewable energy sources as a solution to combat climate change and reduce dependence on fossil fuels. Solar, wind, and hydroelectric power are among the most commonly used renewable energy sources. These methods produce clean energy, reduce greenhouse gas emissions, and offer sustainable alternatives to traditional energy. However, the transition is not without challenges. High initial costs, inconsistent energy supply, and the need for advanced storage technology remain significant obstacles. Governments and industries are investing heavily in research to overcome these barriers and make renewable energy more accessible.

**Questions:**

1. Why is the world moving toward renewable energy?
2. Name three common renewable energy sources mentioned in the passage.
3. What are some challenges associated with renewable energy?
4. How are governments and industries addressing these challenges?

**Passage 3:**

**The Importance of Mental Health**

In recent years, mental health has gained recognition as an essential component of overall well-being. Stress, anxiety, and depression are among the most common issues faced by college students. Factors such as academic pressure, social challenges, and financial concerns can significantly impact mental health. Many universities now offer counseling services and wellness programs to help students cope with these pressures. Additionally, the stigma surrounding mental health is gradually being reduced, encouraging more people to seek help. Prioritizing mental health is not just about addressing problems but also about fostering resilience and personal growth.

**Questions:**

1. Why mental health is considered important?
2. What are some common mental health challenges faced by college students?
3. How are universities supporting students' mental health?
4. What positive change is happening regarding the stigma around mental health?

**Passage 4:**

**The Power of Habit**

Habits play a crucial role in shaping our lives. From the moment we wake up to when we go to bed, much of our behavior is governed by routines. Psychologists argue that habits are formed through a cycle of cue, routine, and reward. For example, seeing your running shoes by the door (cue) may prompt you to go for a jog (routine), and the sense of accomplishment afterward (reward) reinforces the habit. Understanding how habits work can help people break bad ones and cultivate positive ones. The key is identifying the cues and replacing harmful routines with beneficial actions.

**Questions:**

1. What governs much of our daily behavior?
2. How are habits formed, according to psychologists?
3. What is an example of a habit cycle mentioned in the passage?
4. How can understanding habits help people?

**Worksheet 2**

**Podcast**

Title of the Podcast -

List of new words learnt from Podcast

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| **Worksheet 3**  Ted Talk   * Topic – * Speaker – * Key points discussed in the Ted Talk |

**Worksheet 4 Dialogue Writing - Interpersonal Dynamics**

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**Worksheet 5**

**Speeches of Great Orators**

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| **Presentation** |

**Worksheet 6**

**Worksheet 7**

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| **Self-Introduction**  Achievements  My goals  My Strengths  Interests/Hobbies  Education/Background  About me |

**Worksheet – 8**

**Riddles**

1. The more you take, the more you leave behind. What am I?

2. What is so fragile that saying its name breaks it?

3. I am a word of letters three, add two and fewer there will be. What am I?

4. I am not alive, but I grow; I don’t have lungs, but I need air; I don’t have a mouth, but water kills me. What am I?

5*.* What word becomes shorter when you add two letters to it?

6. What has keys but can’t open locks, space but no room, and you can enter but not go outside?

7. What begins with T, ends with T, and has T in it?

8. What is always in front of you but can’t be seen?

9. I have a head and a tail but no body. What am I?

10. I can be cracked, made, told, and played. What am I?

11. What word is spelled incorrectly in every dictionary?

12. What has a neck but no head, two arms but no hands?

13. What can travel around the world while staying in a corner?

14. What comes once in a minute, twice in a moment, but never in a thousand years?

15. What animal can you always find at a baseball game?

**Key**

Comprehension

**Passage 1**

1. Technology has made communication faster and more convenient through tools like email and social media.
2. A negative effect is the decline in face-to-face communication and interpersonal skills.
3. Technology has enabled people from different parts of the world to share ideas and collaborate.
4. The best approach is to use technology to enhance, rather than replace, human connections.

**Passage 2**

1. The world is moving toward renewable energy to combat climate change and reduce dependence on fossil fuels.
2. The three common renewable energy sources are solar, wind, and hydroelectric power.
3. Challenges include high initial costs, inconsistent energy supply, and the need for advanced storage technology.
4. Governments and industries are investing in research to overcome these barriers.

**Passage 3**

1. Mental health is important because it is a crucial part of overall well-being.
2. Common challenges include stress, anxiety, and depression.
3. Universities offer counseling services and wellness programs to support students.
4. The stigma around mental health is gradually being reduced, encouraging more people to seek help.

**Passage 4**

1. Much of our daily behavior is governed by habits.
2. Habits are formed through a cycle of cue, routine, and reward.
3. An example is seeing running shoes (cue), going for a jog (routine), and feeling accomplished (reward).
4. Understanding habits can help people break bad ones and form positive ones.

**RIDDLES**

1. Footsteps

2. Silence

3.Few (Add "er" to get "fewer")

4. Fire

5. Short (Adding "er" makes it "shorter")

6. A keyboard

7. A teapot

8. Future

9. Coin

10.A joke

11. Incorrectly

12. A shirt

13. A stamp

14. The letter ‘M’

15. Bat